




# MARCH

Monday	Tuesday	Wednesday	Thursday	Friday
				<p><b>CLOSED</b></p>
<p>4. French Toast with Syrup, Frozen Blueberries &amp; Milk</p> <p>Soy nut butter &amp; jelly sandwiches</p> <p>Peaches, Cucumbers, &amp; Milk</p> <p>Broccoli &amp; Rice Cakes</p> <p>›Pretzels &amp; Cheese Slices</p>	<p>5. English Muffins w/ honey, Applesauce &amp; Milk</p> <p>Chicken Gumbo, Green Beans, Mandarin Oranges, Bread &amp; Milk</p> <p>Breadsticks &amp; Marinara Sauce &amp; Milk</p> <p>›Apples &amp; Graham Crackers</p>	<p>6. Kix Cereal, Bananas &amp; Milk</p> <p>Turkey Alfredo, Peas, Cranberries, Bread &amp; Milk</p> <p>Taco Crackers &amp; Carrots</p> <p>›Fish Crackers &amp; Milk</p>	<p>7. Cinnamon Toast, Fresh Pears &amp; Milk</p> <p>Cheesy Cream of Veggie Soup w/ Noodles &amp; Zucchini, Tropical Fruit</p> <p>Oyster Crackers &amp; Milk</p> <p>Grapefruit &amp; Vanilla Bears</p> <p>›Bananas &amp; Cheerios</p>	<p>8. Toasted Oats, Raspberries &amp; Milk</p> <p>Frank &amp; Beans, Coleslaw, Oranges, Bread &amp; Milk</p> <p>Cheese Cubes &amp; Carrots</p> <p>›Apple Cinnamon Wafers &amp; Milk</p>
<p>11. Cheerio's, Peaches, Milk</p> <p>Open Face Ham and Cheese Sandwiches, Green Peppers, Oranges &amp; Milk</p> <p>Strawberry Wafers &amp; Milk</p> <p>››Pretzels &amp; Cheese Slices</p>	<p>12. Scrambled Eggs, Strawberries &amp; Milk</p> <p>Ground Beef Soft Shell Tacos, Cheese, Lettuce, Beets, canned Pineapple &amp; Milk</p> <p>Cucumbers &amp; Ritz Crackers</p> <p>›Apples &amp; Cinnamon Graham Crackers</p>	<p>13. Rice Crispies Cereal, Canned Mangos &amp; Milk</p> <p>Pepperoni Pizza Casserole, Canned Pears, Carrots, Bread &amp; Milk</p> <p>Fruit Smoothies &amp; Sports Grahams</p> <p>› Fish Crackers &amp; Milk</p>	<p>14. Buttered Rye Toast, Grapes &amp; Milk</p> <p>Grilled Cheese Sandwiches, Tomato Soup, Corn, Apples &amp; Milk</p> <p>Chex Mix &amp; Milk (Canned Pears for infants)</p> <p>›Bananas &amp; Cheerios</p>	<p>15. Corn Flakes, Blueberries &amp; Milk</p> <p>Sweet Potato Chili, Bananas, Cauliflower, Crackers &amp; Milk</p> <p>Carrots &amp; Juice</p> <p>›Apple Cinnamon Wafers &amp; Milk</p>
<p>18. Cheese Toast, Pears &amp; Milk</p> <p>Corned Beef and Cabbage, Oranges, Bread &amp; Milk</p> <p>Cereal w/colored Marshmallows &amp; Milk</p> <p>››Pretzels &amp; Cheese Slices</p>  	<p>19. Oatmeal, Applesauce &amp; Milk</p> <p>Turkey and Cheese Tortilla Roll-Ups, Celery Sticks, Clementine's &amp; Milk</p> <p>Fresh Green Beans &amp; Pretzels</p> <p>›Apples &amp; Cinnamon Graham Crackers</p>	<p>20. Corn Chex Cereal, Grapes &amp; Milk</p> <p>Beefy Harvest Soup w/ Noodles, Wax Beans, Cantaloupe &amp; Milk</p> <p>Cinnamon Bread &amp; Bananas</p> <p>› Fish Crackers &amp; Milk</p>	<p>21. Bagels &amp; Cream Cheese, Honeydew &amp; Milk</p> <p>Tuna Noodle Casserole Bake, Apples, Peas, Bread &amp; Milk</p> <p>Chocolate Bears &amp; Milk</p> <p>›Bananas &amp; Cheerios</p>	<p>22. Raisin Bran Cereal, Peaches &amp; Milk</p> <p>Bean and Cheese Tortilla Quesadillas, Asparagus, Grapes &amp; Milk</p> <p>Tropical Fruit &amp; Cottage Cheese</p> <p>›Apple Cinnamon Wafers &amp; Milk</p>
<p>25. Jelly Toast, Mangos &amp; Milk</p> <p>Turkey Ala King, Cauliflower Blend Veggies, Fresh Pears, Bread &amp; Milk</p> <p>Honey Grahams &amp; Milk</p> <p>›Pretzels &amp; Cheese Slices</p>	<p>26. Cornbread, Strawberries &amp; Milk</p> <p>Ham &amp; Rice Casserole, Zucchini, Peaches, Bread &amp; Milk</p> <p>String Cheese &amp; Applesauce</p> <p>›Apples &amp; Cinnamon Graham Crackers</p>	<p>27. Bran Flakes Cereal, Banana's &amp; Milk</p> <p>White Bean Soup, Brussel Sprouts, Crackers &amp; Milk</p> <p>Ranch Crackers &amp; Milk</p> <p>› Fish Crackers &amp; Milk</p>	<p>28. Honey Toast, Raspberries &amp; Milk</p> <p>Parmesan Chicken Salad, Green Beans, Mandarin Oranges &amp; Milk</p> <p>Apple Cinnamon wafers &amp; Milk</p> <p>›Bananas &amp; Cheerios</p>	<p>29. Banana Bread, Pineapple &amp; Milk</p> <p>Sloppy Joes on a Bun, Corn, Cranberries &amp; Milk</p> <p>Grapes &amp; Sports Grahams</p> <p>›Apple Cinnamon Wafers &amp; Milk</p>

\*Bright Beginnings serves whole milk for infants and ones. 1% Milk is served for 2 year olds and up. All of our Bread is Whole Grain (WG), including Buns, Tortillas, and Noodle's

\*Bright Beginnings has many food items cut and/ or cooked into smaller pieces for children under 3 to avoid any hazards of choking. Ex: grapes, apples, Brussel sprouts, chicken, cheese cubes, etc.

\*At Bright Beginnings we offer healthy, kid-friendly menu options. All our vegetables are fresh, never canned. We serve an abundance of fresh, seasonal fruits and canned fruits. All canned fruits are rinsed before being served.

\*Baked goods and snack mixes are homemade w/whole wheat flour.

› Indicates late afternoon snack