

Bright Beginnings Childcare March Menu 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. Cream of Wheat w/ brown sugar * Apples and Milk</p> <p><u>WG Grilled Cheese Sandwiches,</u> <u>*Tomato Soup, Peaches,</u> <u>Pickle Spear & Milk</u></p> <p>WG Saltines and Salami Slices</p> <p><WG Apple Cinnamon Wafer & Juice</p>	<p>2. WG Jelly Toast, *Bananas and Milk</p> <p><u>Chicken Pot Pie w/ Mixed Vegetables,</u> <u>Pineapple Chunks, & Milk</u></p> <p>Cheese Cubes and *Green Beans</p> <p><WG Fish Crackers and Juice</p>	<p>3. Turkey Bacon, *Blackberries and Milk</p> <p><u>Beef Stew w/ Potatoes, Carrots/</u> <u>Onions. Fruit Cocktail, & Milk</u></p> <p>*Cucumbers and Yogurt</p> <p><WG Sports Grahams and Juice</p>	<p>4. Corn Chex, Mandarin Oranges & Milk</p> <p><u>Cheeseburger on a WG Bun, Sweet</u> <u>Potato Fries, Baked Beans, & Milk</u></p> <p>WG Savory Bites Pizza Cracker & Tomato Juice</p> <p><WG Chocolate Bear Grahams and Juice</p>	<p>5.</p> <p style="text-align: center;"><i>Closed for Staff Inservice Day</i></p> 
<p>8. Mini Pancakes, Mixed Berries & Milk</p> <p><u>WG Enchilada Casserole w/ Gr. Beef,</u> <u>Black Beans & Corn,</u> <u>Fruit Cocktail, & Milk</u></p> <p>Fruity Cheerios Treats & Milk</p> <p><WG Apple Cinnamon Wafer & Juice</p>	<p>9. Golden Grahams, Pears & Milk</p> <p><u>Pea Soup w/ Ham, *Strawberries,</u> <u>Oyster Crackers & Milk</u></p> <p>Soft Pretzel & *Apples</p> <p><WG Fish Crackers and Juice</p>	<p>10. Chocolate Zucchini Bread, *Green Grapes & Milk</p> <p><u>Chicken Patty on a WG Bun, Tropical</u> <u>Fruit, Tator Tots, & Milk</u></p> <p>String Cheese & WG Cinnamon Grahams</p> <p><WG Sports Grahams and Juice</p>	<p>11. Scrambled Eggs, Mixed Fruit & Milk</p> <p><u>Turkey WG Noodle Casserole w/</u> <u>California Blend Veggies,</u> <u>Peaches, & Milk</u></p> <p>Cottage Cheese & Pears</p> <p><WG Chocolate Bear Grahams and Juice</p>	<p>12. WG Cheese Toast, *Honeydew Melon & Milk</p> <p><u>Stuffed *Green Pepper Casserole w/</u> <u>Gr Beef, WG Wild Rice, *Oranges, & Milk</u></p> <p>Bananas & WG Bran Muffin</p> <p><WG Monster Crunch and Juice (Mix of WG Cereals w/raisins and marshmallows)</p>
<p>15. Sausage Links, *Apples & Milk</p> <p><u>Cauliflower Soup w/ Ham, *Pears,</u> <u>WG Bread & Milk</u></p> <p>Summer Sausage & Savory Bites Wheat Crackers</p> <p><WG Apple Cinnamon Wafer & Juice</p>	<p>16. WG Toast w/ Honey, *Oranges & Milk</p> <p><u>WG Pasta Salad w/ Bacon and</u> <u>*Broccoli, Nectarines & Milk</u></p> <p>WG Nutri Grain Bars & Milk</p> <p><WG Fish Crackers and Juice</p>	<p>17. WG Oatmeal, *Bananas & Milk</p> <p><u>Sliced Corn Beef, Peas, *Oranges</u> <u>WG Bread & Milk</u></p> <p>*Carrots & *Celery w/ Dip</p> <p><WG Sports Grahams and Juice</p>	<p>18. Lemon Muffins, *Blackberries & Milk</p> <p><u>Porcupine Casserole w/ Gr. Beef & WG</u> <u>Brown Rice, Corn, Cranberries, & Milk</u></p> <p>Yogurt & Peaches</p> <p><WG Chocolate Bear Graham and Juice</p>	<p>19. French Toast, *Strawberries & Milk</p> <p><u>Hot Dog on a WG Bun, Brussel Sprouts,</u> <u>Fruit Cocktail & Milk</u></p> <p>WG Strawberry Waffle Grahams & Milk</p> <p><WG Monster Crunch and Juice (Mix of WG Cereals w/raisins and marshmallows)</p>
<p>22. WG Cinnamon Toast, Tropical Fruit & Milk</p> <p><u>Swedish Meatballs over WG Noodles,</u> <u>Mixed Vegetables, Peaches, & Milk</u></p> <p>*Cauliflower & Hummus</p> <p><WG Apple Cinnamon Wafer & Juice</p>	<p>23. Hard Boiled Eggs, *Melon Balls & Milk</p> <p><u>Polish Sausage, Green Beans,</u> <u>*Raspberries, WG Bread & Milk</u></p> <p>WG Cheese Sandwich & Water</p> <p><WG Fish Crackers and Juice</p>	<p>24. Cranberry Muffins, Pears & Milk</p> <p><u>Turkey and Cheese WG Sandwich,</u> <u>Broccoli, *Cantaloupe & Milk</u></p> <p>*Orange Smiles & Rice Cakes</p> <p><WG Sports Grahams and Juice</p>	<p>25. Wheaties, *Bananas & Milk</p> <p><u>Chicken Gumbo w/ Mixed Vegetables,</u> <u>Pineapple, WG Dinner Rolls & Milk</u></p> <p>WG Saltines & *Apples</p> <p><WG Chocolate Bear Grahams and Juice</p>	<p>26. Waffles, Mixed Fruit & Milk</p> <p><u>Canadian Cheese Soup w/Quinoa, California</u> <u>Blend Vegetables, Fruit Cocktail, & Milk</u></p> <p>English Muffins w/ Wow Butter & Milk</p> <p><WG Monster Crunch and Juice (Mix of WG Cereals w/raisins and marshmallows)</p>
<p>29. English Muffins w/ Jelly, *Oranges & Milk</p> <p><u>Southwest Cheesy Chicken WG Pasta</u> <u>w/ Corn & Salsa, *Bananas & Milk</u></p> <p>WG Oatmeal Raisin Cookies & Milk</p> <p><WG Apple Cinnamon Wafer & Juice</p>	<p>30. Blueberry Bread, *Apples & Milk</p> <p><u>Shredded Beef on a WG Bun,</u> <u>*Honeydew Melon, Asparagus, & Milk</u></p> <p>WG Maple Burst Crackers and *Oranges</p> <p><WG Fish Crackers and Juice</p>	<p>31. WG Honey Toast, *Bananas, & Milk</p> <p><u>Cod Filet, Rye Bread, Carrots,</u> <u>Applesauce & Milk</u></p> <p>Wheat Crackers & Cheese Chunks</p> <p><WG Sports Grahams and Juice</p>		

Bright Beginnings serves whole milk for infants and one's. 1% Milk is served for 2 and older. We serve Whole Grain Breads and Noodles. Baked Goods are Homemade w/WG flour. * indicates Fresh Fruit. < indicates Late day snack. Bright Beginnings has many food items cut into smaller pieces for children under 3 to avoid hazards of choking. Ex. Grapes, Brussel Sprouts, Meats etc. Bright Beginnings offers healthy, kid friendly menu options. Vegetables are fresh/frozen. We serve a variety of Fresh Fruit, Seasonal Fruit and Canned Fruits. All canned fruit is rinsed before serving. Juices are 100% fruit/vegetable juice.